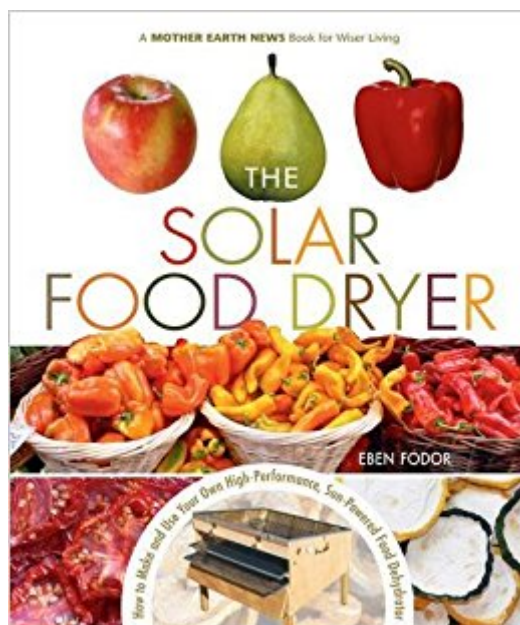




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# The Solar Food Dryer: How To Make And Use Your Own Low-Cost, High Performance, Sun-Powered Food Dehydrator



## Synopsis

The Solar Food Dryer describes how to use solar energy to dry your food instead of costly electricity. With your own solar-powered food dryer, you can quickly and efficiently dry all your extra garden veggies, fruits, and herbs to preserve their goodness all year longâwith free sunshine! Applicable to a wide geographyâwherever gardens growâthis well-illustrated book includes:â  
Complete step-by-step plans for building a high-performance, low-cost solar food dryer from readily available materials  
Solar energy design concepts  
Food drying tips and recipes  
Resources, references, solar charts, and moreEben Fodor is an organic gardener with a background in solar energy and engineering. He works as a community planning consultant in Eugene, Oregon.

## Book Information

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Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 50 customer reviews

Best Sellers Rank: #401,766 in Books (See Top 100 in Books) #56 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Dehydrators #235 in Books > Cookbooks, Food & Wine > Cooking Methods > Organic #282 in Books > Crafts, Hobbies & Home > Gardening & Landscape Design > By Technique > Organic

## Customer Reviews

null (2006-01-17)The Solar Food Dryer describes how to use solar energy to dry your food instead of costly electricity. With your own solar-powered food dryer, you can quickly and efficiently dry all your extra garden veggies, fruits and herbs to preserve their goodness all year long-with free sunshine! Applicable to a wide geography-wherever gardens grow-this well illustrated book includes:Complete step-by step plans for building a high-performance, low-cost solar food dryer from readily-available materialssolar energy design conceptsfood drying tips and recipesresources, references, solar charts, and more.- A Mother Earth News Book for Wiser Living - (2005-06-08)

Eben Fodor has a background in renewable energy, specializing in high efficiency passive solar heating systems and solar-heated saunas. His professional work is as a community planning consultant based in Eugene, Oregon

We used this book to build a bigger dryer that suits our needs it was what we needed to get the design and make a fully functional solar food dryer. We have 3 large screens in ours and didn't add the lights since we live in Utah and have a lot of sun. I dry fruits and vegetables all summer for winter food, backpack food, preserving food...

I live in a sunny, hot, high desert area and was looking for simple instructions on making a solar food dehydrator. This book has all the instructions you will need. Gives you a list of materials; where to find them; how to take advantage of recycled material; materials to stay away from; easy to follow instructions and foods and how to prepare them. Can't wait to get

I have a plain dryer but wanted to explore using regular solar energy which saves all around. Excellent instructions. (Thanks to the reviews!)

Book is helpful, but I was hoping it would address drying difficult foods for best preservation, but it is more about how to make a solar dryer.

If you do any kind of homemaking, preserving, growing of your own food, etc., then you absolutely need to get this book! This will give you a low-cost and realistic way to preserve your food naturally and in a way that keeps it tasting great! The step-by-step instructions for building the author's food dryer are top-notch and easy to follow, even for the non-mechanically inclined. My only wish is that the author had included plans for the other food dryers mentioned, though a quick Google will supply this, so it's not really necessary.

Eben wrote a good book. More than ever, we all need to shrink our food budget and our bellies at the same time. Moreover, I HATE to cook, so food can get ready that is done for me by sunshine is a great deal, especially where I live in Hawaii. Tasty pictures of dried food, plus plans to build your own food drying along with photos of tools and techniques. Good job!

And then I ordered the paper copy. This is definitely one of those references you want on the shelf.

We start building this weekend. Its detailed enough to explain not just why you should have one, but how to make the most of the conditions wherever you live.

Great book, theres really not much to say about the book, if you want to know how to build a Solar Food Dryer this is the book for you. It is well explained each step and you don't need a lot of previous knowledge to know how to use it.

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